

## CROSS COUNTRY

### 1. GENERAL TERMS

The FISU Cross Country Championships is an Individual and Team event. The Competition Rules shall, unless otherwise stated, be in accordance with Rule 250 of the International Association of Athletic Federations (IAAF) Competition Rules book. In case of dispute in the interpretation of the rules, the English text shall be regarded as authoritative.

The programme and duration of competitions are fixed by FISU in agreement with the Organising Committee and the WUC CTI. The competitions shall last one (1) day and include the following events:

Distances at FISU World Cross Country Championships should be approximately:

<b>Men :</b>	10 km
<b>Women :</b>	10 km
<b>Relay:</b>	Total distance 6 course laps, approximately 12km

Each country may enter a maximum of twenty-one (21) persons: sixteen (16) competitors and five (5) officials. Each country may participate in the following events:

<b>Men's individual event :</b>	Maximum of six (6) competitors can be entered per country; no more than four (4) shall be allowed to start in the race.
<b>Women's individual event:</b>	Maximum of six (6) competitors can be entered per country; no more than four (4) shall be allowed to start in the race.
<b>Relay event:</b>	Two (2) women and two (2) Men.

The deadline for sending the individual entries of athletes shall be fixed between the OC and FISU.

Teams shall receive the final confirmation forms upon arrival and Team Leaders, or their representatives, shall confirm the names of those athletes that are already entered and will actually take part in the competition. The final confirmation of participation shall be made for all events during the accreditation process.

<b>Men's team classification:</b>	The first three (3) finishers of each team are the scoring athletes.
<b>Women's team classification :</b>	The first three (3) finishers of each team are the scoring athletes.
<b>Relay event :</b>	Two (2) women and two (2) men on the following order: <b>W,M,W,M</b> . The first two athletes of each team will compete over two laps and the last two over one lap. It means the first woman and the first man will run approximately 4km and the other two will run approximately 2km each.

**Country Challenge classification :** The aggregation of the times of the relay and of the first two (2) women and the first two (2) men finishers of each team.

Before the first General Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors accredited by the CIC.

Team classification shall be carried out as follows:

- a. Each race shall be scored separately. The team results shall be decided by the aggregate of places recorded by the scoring athletes of each team.
- b. The team with the lowest aggregate of points will be judged the winner. If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards.
- c. In assessing the aggregate, no adjustment to the scoring of the finishing teams shall be made in respect of any non-scoring team runners or of individual entries.
- d. In the event of a tie, it shall be resolved in favour of the team whose last scoring member finishes nearer to first place

## **2. PRE-COMPETITION PROCEDURE**

Three months before the Championship, the Organising Committee has the right to collect 25% of the total cost of stay per athlete and official from participating countries.

The draw of the start boxes shall be conducted before the first General Technical Meeting by the Race Director under the supervision of the FISU TCC.

According to IAAF Rule 1.1 (b) and (c), the Member association together with Organising Committee of the WUC Cross Country has to require an IAAF permit. The Member Federation hosting the competition is asked to submit the permit form and settle the administration fee of 250 USD.

## **3. TECHNICAL OFFICIALS**

The Organising Committee shall appoint the necessary referees and judges at its own expenses.